

Rider:

Age:

Requirements for C certificate

- Minimum Age - 12 years
- You need to have a balanced seat, independent of the reins on the flat and over small fences (45 to 75 cms).
- You must show control of the pony/horse at all paces including gallop.
- You will need to demonstrate a reasonably comprehensive level of horsemastership.

For this level the exam is in 4 sections: presentation of horse and rider, riding, jumping and horsemastership.

Candidates must complete the C Certificate Manual and Activities Sheets, and submit them to the C Certificate Examiner at least 2 weeks prior to the exam date.

Pre-Exam Checklist

PRESENTATION

Element	You're kidding	Should be OK	No worries!
Rider to wear Pony Club uniform.			
Mount is clean and tidy.			
Hooves clean and show evidence of care.			
Gear/tack is clean and correctly fitting.			

RIDING SECTION

Element	Bit of a struggle	Can give it a go	No worries!
Mount and dismount from either side (can use a mounting block).			
Alter stirrups and tighten girth whilst mounted.			
Ride with the reins in either hand.			
Change direction at all paces.			
Increase and decrease paces.			
Knowledge of paces and footfalls.			



Rider:

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Walk and trot on a long rein.			
Walk and trot without stirrups.			
Sitting trot for short periods.			
Know and use the correct diagonal at trot.			
Recognise leading leg at canter (may look down to check).			
Canter on a nominated leg.			
Gallop.			
Balance exercises at the halt and walk.			
Show proficiency in Mounted Games.			
Know the rules and traffic signals when riding on roads.			

JUMPING

Element	Bit of a struggle	Can give it a go	No worries!
Jumping fences 45 cm to 75 cm in height.			
Jumping spreads 45 cm to 75 cm in width.			
Jumping combinations with a minimum of 1 non-jumping stride (1NJS).			
Riding a small show jumping course.			
Ride over varied terrain, including some cross country obstacles.			



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HORSEMASTERSHIP* elements may be tested in the written paper

Element	Haven't a clue	Can give it a go	No worries!
Care and fit of saddle and bridle.			
Parts of saddlery and uses.			
How to rug a quiet horse.			
Fit, use and care of rugs.			
Elementary knowledge of shoeing and care of the feet.			
Explain the use of the farrier tools: rasp, hammer, toe knife, buffer and pincers.			
Tie up a pony/horse with a head-collar or halter.			
Prepare the horse for traveling, including bandages.			
Points of the horse, colours and markings.			
Measure the height of a horse.			
Describe what to look for when choosing a paddock for your horse.			
Prevention and treatment of girth galls, sore back, and sore mouth.			



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Prevention of tetanus.			
Worm and bot control.			
Care of teeth and why they need attention.			
Basic First Aid Kit.			
When to call the vet.			
Identify: lameness, stone in the foot, and minor wounds of the foot/leg.			
Identify swelling and heat in the leg or foot.			
Identify common causes of injuries and the prevention of such.			
Identify the symptoms of greasy heel, seedy toe, cold, colic and strangles.			
Identify the symptoms and preventive measures for laminitis.			
Use of grooming tools.			
How to wash your horse and why, and aftercare.			
The usual signs of good/poor health in a horse.			



Rider:

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Outlining a daily feeding, watering and care routine.			
Preparing for a Pony Club Camp or similar high intensity event.			

GENERAL KNOWLEDGE

Element	Haven't a clue	Can give it a go	No worries!
Know the names of the Pony Club Zone personnel.			
Knowledge of local area and horse places of special interest.			
Local equestrian personalities.			

AREAS I NEED TO BRUSH UP ON:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.